



Service Menu

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m e d i s p a

HIFU

(High Intensity Focused Ultrasound)



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HIFU (High Intensity Focused Ultrasound) works with gentle but geometric precision and is calibrated to target multiple skin layers. This advanced system uses micro and macro focussed ultrasound technology to send bursts of finely tuned ultrasound energy to precise depths to stimulate regeneration. Through the regeneration of collagen, wrinkles can be eliminated as the skin becomes plump and firm once again.

By adapting ultrasound variable frequencies and cartridges, HIFU can treat several skin and body concerns:

- 1.5 & 2 mm cartridges: for smoothing wrinkles and fine lines, skin texture, enlarged pores and skin rejuvenation.
- 3 mm cartridge: for tightening the skin by stimulating collagen and elastin production in the dermal layer.
- 4.5 mm cartridge: targets the superficial muscular aponeurotic system (SMAS) muscle layer to lift and tone.

How Does HIFU Treatment Work?

Collagen is what tightens and fills out your skin. As natural collagen production levels drop with age, the skin can start to wrinkle, sag, lose elasticity, and lack vibrancy. HIFU works by stimulating collagen growth, skin tightening, plumping, and firming skin, turning back the time on fine lines and wrinkles and skin lacking elasticity.

HIFU treatment uses deep dermal micro heating and contraction for multi-layered lifting, a process that continues to work long after treatment with results improving over time. With treatments delivered with gentle, yet calibrated geometric precision, HIFU is used to target multiple skin layers and into the muscular layer beneath.

Spa guests often report initial skin tightening immediately after their treatment, while others notice gradual natural changes including firmer, tighter skin and eliminated wrinkles. Typically, the best results being noticeable around six to nine months after your first treatment.

What Areas Can HIFU Treat?

HIFU is used to treat these facial concerns:

- Forehead
- Eyes/periorbital
- Eyebrow lift
- Cheeks
- Nasolabial lines
- Lip lines
- Pore minimisation
- Skin tightening
- Jawline
- V-line contouring
- Double chin
- Neck/submentum
- Decolletage

ULTRAFORMER III



Facial Treatments

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Luxurious experiences and exceptional results are our top priority here at Ultra Medi Spa. Our skin experts use the latest techniques and products to deliver a range of customized facial experiences that will leave your skin renewed and rejuvenated. For those with specific skin concerns, our skin experts can customize a skin membership to address your specific needs.

At Ultra Medi Spa our treatments are designed to offer a truly indulgent and transformative skin experience. Schedule your appointment today and discover the luxury and rejuvenation that awaits you.

Collagen Induction Therapy Facial 70 min \$320

This is a treatment designed to stimulate the production of NEW collagen & elastin fibres in your skin. It employs micro-needling to create channels for the infusion of various collagen-stimulating preparations into your skin. Once the channels have been created, various cosmetic preparations are applied to the skin which then infuse into the deeper layers of the skin through the channels created. An assortment of ingredients can be delivered into the skin depending on the condition being treated. For example, Peptides can be infused when general skin rejuvenation is desired, skin lightening products can be infused to treat melasma & pigmentation, & so on. The options are many & varied.

Microhydrabrasion 70 min \$220

Microhydrabrasion is mechanical exfoliation that removes the uppermost layer of dead skin cells from your skin. It is then followed by a hydra treatment that flushes your pores with cool water to plump, cleanse & hydrate your skin diminishes sun damage, fine lines & wrinkles, enlarged pores, it allows your prescribed skin care products to penetrate to dermal layers & helps build collagen, which gives skin its youthful appearance & a glowing look.

Age Defying Spa Facial 70 min \$200

A luxurious performance spa facial targeting firmness, lines & wrinkles. Activated with smart peptide Heptapeptide-7 with advanced cosmeceuticals & an anti-ageing vitamin complex in a nurturing infusion of pure rose oils, crushed quartz & crystal essences to intensify transformation at a cellular level.

Clear Skin Spa Facial 70 min \$200

A professional treatment to botanically rebalance, heal & strengthen the most problematic of skin types. This deeply clarifying facial neutralises excess oil with a combination of decongesting & antibacterial botanicals. The result is a reconditioning intensive treatment to promote a clear & confident complexion.

Replenish & Repair Spa Facial 70 min \$200

Transcending time and tradition the ageless Japanese rice wine ceremony harnesses antioxidant rich sake with white tea, jasmine flower, sweet cherry and rice protein. Activated with the potent vitamin A retinoid complex and co-enzyme Q10. This intense age proofing treatment target fine lines, wrinkles, luminosity and firmness.

Complexion Perfection Spa Facial 70 min \$200

This vitamin A repair facial features an intense infusion of carotene rich pumpkin and pure maple syrup layered in omega serums, alpha-hydroxy acids and antioxidants to visibly smooth, replenish and refine depleted skin. Boosted with 500mg of pure vitamin C to target skin tone and texture offering a complete age proofing skin solution.

Skin & Sensory Facial 60 min \$180

This "ultra-calming" facial employs gua sha to stimulate blood flow, diminish inflammation, and ease muscle tension. Gua sha pressure breaks up fascia, the connective tissue surrounding muscles and organs, promoting lymphatic drainage.

The facial is a serene massage experience activating sensory receptors and stimulating the parasympathetic nervous system. Responsible for the body's rest-and-digest response, the activated system reduces stress, anxiety, and tension. Regular gua sha and sensory facials can enhance skin health and appearance, foster relaxation and well-being, and contribute to a youthful, radiant complexion.

Anti-Aging Eye Treatment 50 min \$400

Ultraformer III utilises high-frequency-focused ultrasound (HIFU) energy to instantly contract collagen fibers and promote long term collagen growth for a natural, lifted look without the downtime. Through the use of precise HIFU-powered transducers, it is designed to remodel collagen to reduce facial wrinkles and improve skin laxity or tightening of body tissues. Results are outstanding between 8-12 weeks post treatment

Ultra's Ultimate Spa Facial 120 min \$289

Our top-of-the-line treatment that includes a platinum-infused mask, designed to promote cell renewal and reduce the signs of aging. This facial also includes a gentle exfoliation, deep pore cleansing, and a customized massage to help release tension and improve circulation. Our expert skin experts will select the best products for your skin needs, including our exclusive line of luxury skincare products that are rich in vitamins, minerals, and antioxidants.

Your Ultimate Spa Facial Includes:

- Skin Discovery Session
- Deep Cleansing using steam
- Age Defence Exfoliation
- Intensive Pore Treatment
- Anti Ageing Vitamin C Mask
- A relaxing hand or foot massage
- Jojoba Head Massage Ritual
- 20 minute Back, Neck & Shoulder Massage
- Lymphatic drainage around the eyes to reduce dark circles and puffiness
- Heavenly Massage of the back, neck & shoulders using customised essential oils.
- Personalised skin care program and treatment program recommendations to treat your main concern.

POPULAR FACIAL UPGRADES:

Back, Neck & Shoulder Massage	30 min	\$89
LED Light Therapy session (includes 20 min massage)	20 min	\$89
Stress Relief Head Massage Ritual	15 min	\$50



Multi-Award winning Dermalux® LED Phototherapy is the leading, non-invasive treatment that harnesses the power of natural light for visibly radiant, rejuvenated & refined skin.

- A safe & pain free way to transform the skin without downtime
- Instantly energises skin cells to revitalise a dull & tired complexion
- Offers long lasting rejuvenation & skin health benefits
- Calms & clarifies problem skin conditions without irritation
- Combined with any skin treatment for maximum skin enhancing results

Enlighten & Brighten LED Facial 60 min \$225
(includes 15 min arm & legs massage)

A refining LED light therapy facial to lighten, hydrate & smooth fine lines while targeting pigmentation, age spots & uneven skin tone. A blend of brightening AHA fruit acids with hydrating collagen & silk peptides perfect skin tone for a lustrous luminous & youthful complexion. (includes 15 min arm + leg massage)

Purifying LED Facial 60 min \$225
(includes 15 min arm & legs massage)

A clarifying LED light therapy power treatment targeting acne, excess oil & congestion with an active dose of exfoliating BHA & AHA concentrates fortified with skin perfecting omega serums & antioxidant vitamins to strengthen barrier function, minimize sensitivity while evening texture, tone & clarity.

Renew and Radiate LED Facial 60 min \$225
(includes 15 min arm & legs massage)

A deeply replenishing LED light therapy facial to rejuvenate skin with a refining & brightening AHA exfoliation finished with a mega rich infusion of antioxidants & vitamins to reverse coenzyme Q10 & berry seed for a dewy rejuvenated & deeply hydrated complexion.

Body Treatments

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Organic Honey & Cocoa Body Ritual	2 hrs	\$280
A deeply nourishing full body rejuvenation ritual to replenish dry, devitalised skin. Ideal for sensitive skin or a mother to be, sending you into a trance & leaving your skin soothed, soft & supple.		
Purifying Marine Body Ritual	2 hrs	\$280
This deep detoxifying treatment is designed to combat congested, uneven & cellulite prone skin. With its stimulating blend of active marine extracts, it will leave your body thanking you.		
Skin Refinement Body Ritual	60 min	\$175
A deeply exfoliating cocktail of Australian mineral salts, plant oils & vitamins to not only smooth skin but stimulate circulation to gently detoxify the body. The ideal treatment to comb at cellulite & uneven skin tone while locking in moisture.		
Skin Refinement Back Ritual	40 min	\$125
Mind & Body Balancing Massage	30 min	\$89
	60 min	\$130
	90 min	\$195
	120 min	\$240
This massage uses light to moderate pressure & smooth, flowing techniques. maximise your relaxation experience with your choice of hypnotic blend essential oils to relieve tension, stress & fully relax.		
Muscular Mending Massage	30 min	\$89
	60 min	\$130
	90 min	\$195
Combining therapeutic benefits of waterlily's aromatherapy oils, with firm but soothing massage techniques, your therapist will focus on problem muscles to release built up tension rejuvenate & rebalance your body.		
POPULAR BODY TREATMENT UPGRADES:		
Floatation Session	60 min	\$73
LED Light Therapy session	20 min	\$30
Stress Relief Head Massage Ritual	20 min	\$50
An indulgent conditioning hair treatment blend of jojoba, apricot & hazelnut oils to restore brilliance to tired dry locks. You will enjoy a soothing head massage as extracts of blackberry, sweet orange peppered with cinnamon & nutmeg increase shine & condition.		

Floatation Therapy

Floatation is commonly referred to as Floatation Therapy or Sensory Deprivation. It involves lying in a pod that contains 500kg of pure magnesium sulphate which creates the buoyancy for you to float effortlessly & escape the forces of gravity.

The water is heated to skin temperature so after a while the sensation of your body dissolves & you feel weightless. The pod is both sound & light proof which gives your brain the chance to disconnect from the constant bombardment of sensory input & enhance your ability to be cognitive, mindful & introspective.

The magnesium sulphate solution leaves you feeling deeply relaxed & vibrant as the tension in your body melts away & your body releases amazing energy. There is simply no other technology or environment that can stimulate these evolutionary effects.

Float therapy is a powerful tool for wellness, relaxation, pain relief & better sleep. As with any therapy, with regular use its benefits are enhanced. Float therapy offers relief & benefits which are cumulative— they build on themselves with each subsequent session. Your body & mind actually learn how to relax into the float with each session.

Single Float Sessions	30 min	\$49
	60 min	\$79
	90 min	\$95
	120 min	\$109

FLOAT MEMBERSHIP

Silver Frequent Floater	\$15 weekly
1 x 60min float per month Additional floats only \$55 Sharable between 2 people Contract 6 or 12month option	
Gold Frequent Floater	\$55 weekly
4 x 60min floats per month Additional floats only \$45 Share between as many people as you like Contract 6 or 12month option	

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Spray Tanning		\$45
Membership: 6 month	weekly	\$19.50
Membership: 12 month	weekly	\$17.70

Teeth Whitening	Pack of 3	\$399
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Our innovative teeth whitening system is effective & safe. Improving your smile, pain & sensitivity free. (eat & drink instantly)

Soles & Fingers

Heavenly Hot Stone Pedicure	60 min	\$120
Heavenly Hot Stone Pedicure including shellac	80 min	\$145
File, Buff & Shellac Fingers or Toes		\$67
File, Buff & Polish Toes		\$57

POPULAR UPGRADES:

Sole Soothing Foot Ritual	60 min	\$99
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Using the ancient techniques of massage, aromatherapy & pure botanicals this aromatic foot treatment relieves stress & tension while enhancing relaxation & general wellbeing. Feet are treated to a bathing ceremony, bamboo & pineapple exfoliation followed by a stimulating French clay masque. This decadent treatment finishes with a rich spearmint & ginkgo foot treatment.. (no polish)

Enjoy a complimentary champagne or herbal tea during your experience.

Eye Essentials

Brow Enhancement (Hybrid Eyebrow Tint & Eyebrow Shape)	\$65
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Eye Enhancement Ritual (Hybrid Eyebrow Tint, Eyebrow Shape & Eyelash Tint)	\$95
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Custom Eyebrow Shaping	\$55
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Waxing

Please visit www.ultraspa.com.au for all prices. Our hot wax is specially designed for sensitive skin & to calm redness.

All our strip waxing appointments include an exfoliating cocktail of Australian mineral salts, plant oils & vitamins to not only smooth skin but allow us to ensure no hair is missed. Finished with a hot towel treatment to ensure the smoothest finish & no sticky residue left on your skin.

*10% Off when you book 3 or more waxing treatments in the same appointment.



Unwind in Unmatched Luxury
Where every detail is designed for you

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IPL Technology

Ultra Spa Medi are proud to introduce a revolutionary technology to our spa. We are among the first providers in the country of this equipment supplied by the UK's No.1 manufacturer – Lynton Lasers. Our new machine provides optimum results for all clients, utilising a mix of state of the art technologies.

All Ultra Medi Spa staff have received in-depth, comprehensive training, covering the key fundamentals of laser & IPL, and most importantly: how to achieve highly clinically effective results, whilst keeping our clients safety as the primary objective.

Acne Treatment

We offer a range of successful acne treatments to leave your skin clear and blemish free. Acne can be effectively treated with Intense Pulsed Light alone or in combination with other clinical treatments. Intense Pulsed Light treatments greatly reduce the number and severity of active lesions, lessening the inflammation and frequency of break-outs.

Permanent Hair Reduction

Treatment is suitable for the face and body, is quick and results can be seen after just a few sessions. A course of treatments is usually required at 4 – 8 weekly intervals to follow the hair growth cycle. Treatment will leave your skin feeling smooth, soft and free from painful in-growing hairs.

This treatment is for you if:

- Unwanted facial hair is affecting your self confidence
- In growing hairs are causing concern
- You desire long-lasting hair removal

Pigmentation

Pigmented lesions such as age spots or freckles can be successfully lightened or removed with our EXCELIGHT (IPL). All of these treatments are non-invasive, suitable for both the face and body and will result in a more even skin tone.

Sun spots, liver spots, freckles and other unwanted pigmentation are often associated with skin ageing and over exposure to the sun or sunbeds. From the age of about 40 the skin is less able to regenerate from sun exposure and age spots start to appear. Generally these age spots pose no health risk, however they can be unsightly and create a patchy, less youthful appearance. Freckling and age spots are successfully lightened or removed with Intense Pulse Light.

IPL or Intense Pulse Light skin rejuvenation and pigment removal treatment is a relatively quick and easy procedure. Age spots and freckles can be lightened or removed in as little as one to three treatment sessions.

Treatment is suitable for you if:

- You want a more even skin tone
- You want to reduce areas of excess freckling
- You want to target a specific age spot

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Redness, Rosacea, and Broken Capillaries

Facial thread veins or broken red veins (telangiectasia) are small unsightly superficial red, purple or blue veins that occur around the nose and across the cheeks and chin. These broken veins occur when the vein dilates and become larger so they are visible through the transparency of the skin. Facial veins may be hereditary or as a result of a variety of factors including damage from sun exposure, wind and the extremes of temperature. Often the exact cause is unknown and may just be part of the natural ageing process or as a part of a skin condition called rosacea.

Rosacea is a common skin condition which most often appears between the ages of 30 and 60 and is usually visible on the cheeks, forehead, chin and nose. People with rosacea often find they suffer from facial thread veins as the skin is red and flushed. Unfortunately, rosacea is a chronic condition. However, with our medical-grade Lynton IPL treatment we can create a personalised treatment plan to help to get your rosacea under control.

Facial vessels are effectively treated with Intense Pulse Light (IPL) or laser with minimal downtime or risk in just a few quick, easy treatments.

Treatment is suitable for you if you want to:

- Reduce overall facial redness and reduce blushing
- Be rid of embarrassing broken veins or red spots
- Have clearer, brighter, fresher looking skin
- Suitable for face, neck and chest

COMMON QUESTIONS

How many treatments will I need & what results can I expect?

We recommend a course of 8-12 treatments initially & thereafter you may wish to have one or two top up treatments per year. Hair remaining will become lighter, finer & more vellus like.

Who can be treated?

The treatment works with the melanin in the hair. Conversely white hair, grey hair, red hair (pheo-melanin) cannot be treated. Blonde hair is more challenging than dark hair but if there is melanin in the hair & the root is dark it can be treated.

How does the treatment work?

The IPL is applied to the skin & light energy passes through the applicator & is absorbed by the hair causing a heat reaction & destroying the follicle.

For all areas that are able to be treated & costs associated, please visit www.ultraspa.com.au

Frequently Asked Questions

GIFT CARDS

Our beautifully presented gift cards are the perfect present for someone special. Can be used for treatments or products & we can also accommodate specific requests. Gift cards are valid for three years & are non-refundable. If lost it will not be replaced. Expired gift cards are unable to be honoured. Spa Rituals purchased as a gift card are only available for a certain period but the value of the gift card is valid for three years.

SALON ETIQUETTE

We ask that you please respect the quiet & privacy of others by ensuring your mobile phone is turned off & by using a lowered voice.

CANCELLATION POLICY

We appreciate your co-operation by letting us know 24 hours ahead of time if you need to reschedule or cancel your appointment. Failure to show up for your appointment will result in a \$30/hr cancellation fee.

WHEN TO ARRIVE?

Prior to your appointment, we need you to complete details & it is important that you take advantage of the environment to relax & unwind so feel free to arrive early.

WHAT IF I'M LATE?

Arriving on time for your appointment means you will experience the full pleasure of your treatment, arriving late will only lessen your time spent with us.

WHAT IS AN UPGRADE?

We have given you the option to customise your own spa experience. Upgrade any treatment with a choice of upgrades when scheduling your appointment.

SHOP / BOOK ONLINE

Visit our website to purchase any of our products or schedule your appointments.

Please visit our website for more details on all our treatments, latest spa rituals & promotions at www.ultraspa.com.au

Skin Memberships

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Drawing from 14 years of experience, Ultra Medi Spa's Skin Membership program was designed based on past guest results and the power of consistency.

Consistency helps to enhance the effectiveness of the treatments and products used, allowing your skin to adjust and respond positively to the regimen. Over time, this regular care leads to visible improvements in skin tone, texture, and overall health. Our Skin Membership program is designed to support and encourage this consistency, making it easier to incorporate into your busy lifestyle.

By joining our exclusive Skin Membership program, you commit to improving your skin and body health, and your skilled professionals share that dedication. Your skin health coach will also provide valuable tips and recommendations for maintaining your results at home.

By investing in a membership, you gain access to an array of treatments at a more affordable rate compared to individual sessions. Additionally, as a member, you'll enjoy exclusive offers and discounts on our range of services and products. This added value, combined with the convenience of regular treatments, makes our Skin Membership program an unbeatable option for those serious about their skin's health and appearance.

We're dedicated to providing a luxurious and results-driven experience for all of our spa guests. Embark on this journey with us, and let our Ultra team guide you towards radiant, confident, and healthy skin.

Ultra Platinum Membership	\$95 per week 12 month commitment
Anti-Ageing Membership	\$85 per week 12 month commitment
Ultra Wellness Membership	\$45 per week 6 month commitment
Clear Skin Membership	\$85 per week 6 month commitment
Complexion Perfection Skin Membership	\$79 per week 6 month commitment
Teenage Skin Fit Facial Program	\$46 per week 3 month commitment

Please visit our website for details on our membership inclusions, FAQs, and more at www.ultraspa.com.au/memberships

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